

Adult PONV Prophylaxis Guidelines
KAPC

If your patient has 3 or more of the following risk factors:

- 1) FEMALE
- 2) NON-SMOKER
- 3) History of Motion Sickness or PONV
- 4) Use of post operative narcotics

PLEASE use more than one prophylactic anti-emetic agent. Recommendations:

- 1 risk factors = No anti-emetic prophylaxis recommended
- 2 risk factors = 1 anti-emetic recommended
- 3 risk factors = 2 anti-emetics recommended
- 4 risk factors = 3 anti-emetics recommended

Guidelines on dosing and timing:

Dexamethasone 4-8 mg prior to incision

Dimenhydrinate 50 mg PO: 15-30 min prior to induction

Promethazine 6.25 – 12.5mg, fifteen to thirty minutes prior to end

Metoclopramide 5-10mg fifteen to thirty minutes prior to end

Granisetron 0.1mg fifteen to thirty minutes prior to end

Diphenhydramine 25mg fifteen to thirty minutes prior to end